

Enjoy your BREAKFAST !

Support Student Life! Campaign 2026

東北大学100YEN朝食 開催します

TOHOKU UNIVERSITY 100YEN BREAKFAST

Eligibility : Tohoku University Students

Period : May 7-May 29 (17 days)

(Excluding weekends and national holidays)

Time : 7:50-8:50

Venue : Sky KAWAUCHI Forest (5/7~5/15)
(Kawauchi no Mori Dining · Kitchen Terrace Couleur)

Midori Dining (5/18~5/22)

Seiryō Shokudo (Cafeteria) (5/25~5/29)



The Student Support 100-yen Breakfast is made possible by support from the Tohoku University Foundation and Shuyukai alumni association

■ **Sponsor** Continuously supported by Tanaka !!

General Incorporated Association
Tanaka Precious Metals Memorial Foundation



■ **Sponsor** 200 kg of Tonjinsoi Pork provided by Gunma Meat again this year!

HAYASHI Atsushi
(Economics Alumnus)
(President, Hayashi Farm Co., Ltd.)



SOYANO Shigeru
(Economics Alumnus)
(President, Gunma Meat Co., Ltd.)

群馬三十一株式会社



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Calbee



医療・介護・福祉食事サービスのパイオニア

富士産業株式会社




■ **Support** President, Gunma Shuyukai **KOSHIDAKA Hiroshi** (Economics Alumnus)
(President, KOSHIDAKA HOLDINGS)

100-yen Breakfast Menu Kawauchi Campus

Kawauchi no Mori Dining

TAKEOUT
OK








- Set meal includes main dish, small side dish, rice, and miso soup.
- Pork miso soup set : miso soup with pork and vegetables, rice, poached egg and bonito flakes.

⇒  This symbol indicates the meal contains Gunma Tonjinsoi Pork.

First 250 visitors on 5/7 (Thu.) and 5/11 (Mon.) will receive a Frugra (granola) item

Kitchen Terrace Couleur

- Curry and rice served with a small side dish
- Frugra®Set includes fruit granola, yogurt, banana, small side dish. (Limited to 80 per day)
- Ramen daily special (Limited to 100 per day)
- Collab Menu with Fuji Sangyo
Taco rice served with root vegetables miso soup. (Limited to 150 per day).


Cafeteria	May.4(Mon)	May.5(Tue)	May.6(Wed)	May.7(Thu)	May.8(Fri)
Kawauchi no Mori Dining	Holiday Greenery Day	Holiday Children's Day	Substitute Holiday Constitution Memorial Day	Mackerel with miso	Hamburg steak
Kitchen Terrace Couleur				 Grilled pork	 Pork miso soup set
				Curry and rice	Curry and rice
				Frugra®Set	Taco rice
Cafeteria	May.11(Mon)	May.12(Tue)	May.13(Wed)	May.14(Thu)	May.15(Fri)
Kawauchi no Mori Dining	Ham Cutlet	Mackerel with ginger	Fried Fish	Chicken cutlet	Mackerel with miso
	 Pork miso soup set	 Pork miso soup set	 Pork miso soup set	 Pork miso soup set	 Ginger grilled pork
	Curry and rice	Curry and rice	Curry and rice	Curry and rice	Curry and rice
	Frugra®Set	Taco rice	Frugra®Set	Taco rice	Frugra®Set
	—	Ramen (salt broth flavor)	Ramen (soy sauce flavor)	Ramen (miso flavor)	—



※ Co-op APP or student ID card is required.

※ Menu is subject to change depending on availability of ingredients.

100-yen Breakfast Menu Aobayama New Campus

Midori Dining

- ◇Frugra®Set includes fruit granola, yogurt, banana, small side dish (Limited to 40 per day).
 - ◇Pork miso soup : miso soup with pork and vegetables, rice, poached egg and bonito flakes.
 - ◇Collb menu with Fuji Sangyo
Taco rice served with root vegetable miso soup (Limited to 150 per day).
 - ◇Curry and rice served with a small side dish.
- ⇒  This symbol indicates the meal contains Gunma Tonjinosui Pork.

Cafeteria	May.18(Mon)	May.19(Tue)	May.20(Wed)	May.21(Thu)	May.22(Fri)
Midori Dining	Frugra®Set	Frugra®Set	Frugra®Set	Frugra®Set	Frugra®Set
	Taco rice	 Pork miso soup set	Taco rice	 Pork miso soup set	Taco rice
	 Special Curry and rice	 Special Curry and rice	 Special Curry and rice	 Special Curry and rice	 Special Curry and rice

 東北大学100YEN朝食やっています! 

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- ※ Menu is subject to change depending on availability of ingredients.

100-yen Breakfast Menu Seiryō Campus

Seiryō Shokudo

- ◇Set meal includes main dish, small side dish, rice, and miso soup.
- ◇Frugra®Set includes fruit granola, yogurt, banana, small side dish (Limited to 30 per day).
- ◇Curry and rice with small side dish.
- ◇Collb menu with Fuji Sangyo
Taco rice served with root vegetable miso soup (Limited to 50 per day).

Cafeteria	May.25(Mon)	May.26(Tue)	May.27(Wed)	May.28(Thu)	May.29(Fri)
Seiryō Shokudo	Frugra®Set	Frugra®Set	Frugra®Set	Frugra®Set	Frugra®Set
	Taco rice	[Rombun Recipe®] Mackerel and colorful vegetables with black vinegar sauce set meal	Taco rice	Hamburg steak	Taco rice
	Curry and rice	Curry and rice	Curry and rice	Curry and rice	Curry and rice

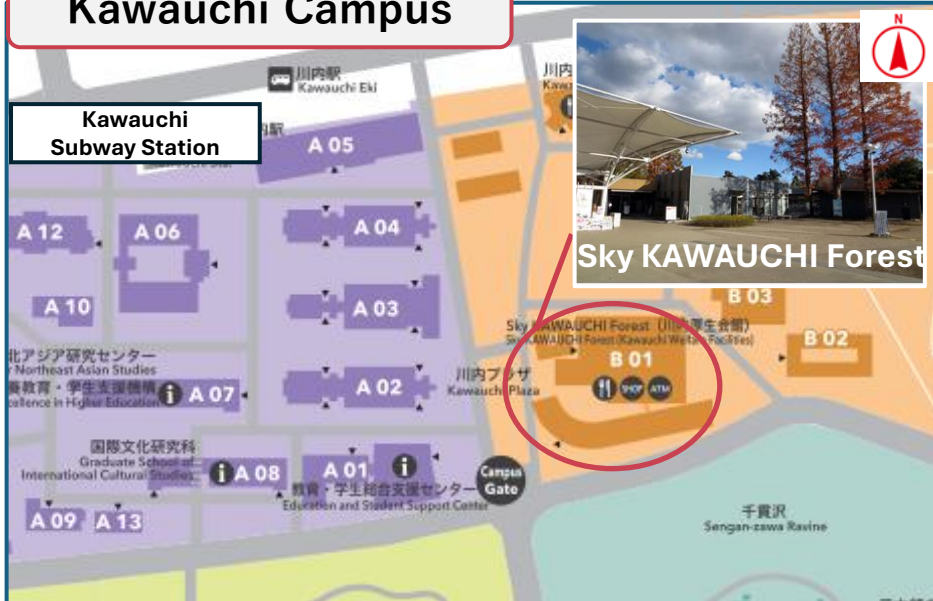

 東北大学 **100** YEN 朝食 やってます!
 

TOHOKU UNIVERSITY 100YEN BREAKFAST

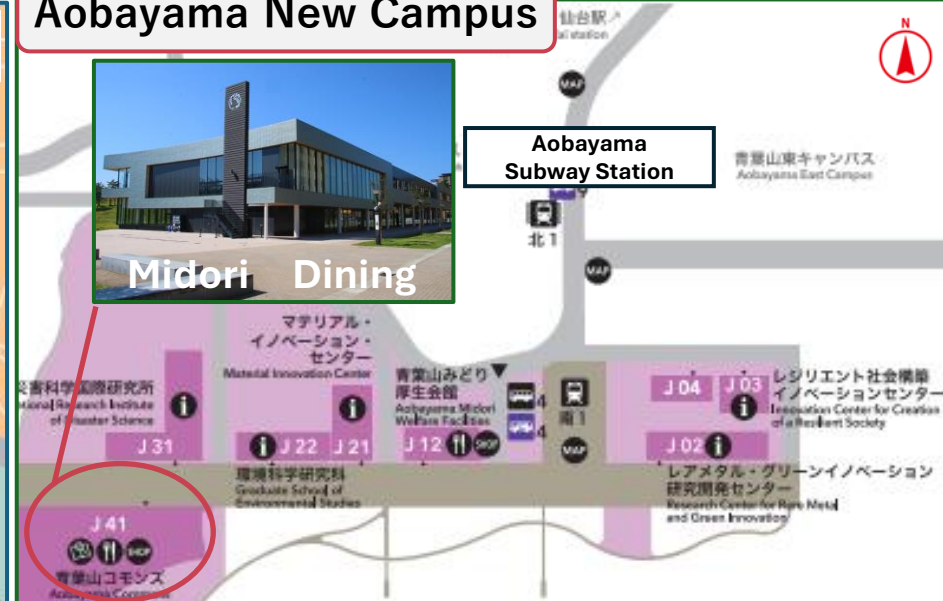
- ※ Co-op App or student ID card is required.
- ※ Menu is subject to change depending on availability of ingredients.

Spring 100-yen Breakfast MAP

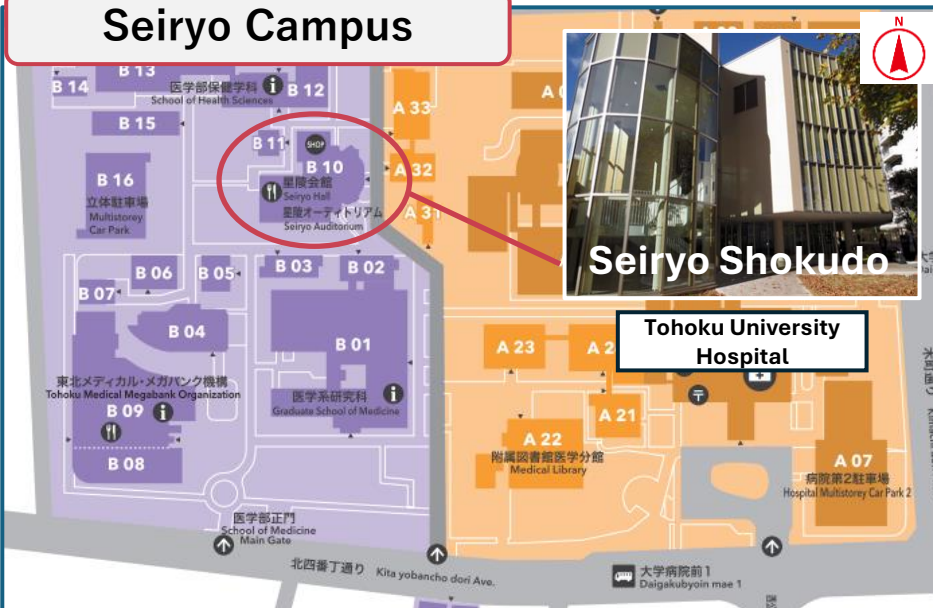
Kawauchi Campus



Aobayama New Campus



Seiryō Campus



Kawauchi Campus (5/7~5/15)

Sky KAWAUCHI Forest is located on the 1st floor of Kawauchi Welfare Hall (B01).

Aobayama New Campus (5/18~5/22)

Midori Dining is located on the 1st floor of Aobayama Commons (J41).

Seiryō Campus (5/25~5/29)

Seiryō Shokudo (Cafeteria) is located on the 1st floor of Seiryō Kaikan (B10).